

Study on the therapeutic effect and mechanism of traditional Chinese medicine liquid drip vocal cords on vocal disorders in singing

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Abstract

This article explores the effectiveness of traditional Chinese medicine liquid drip therapy in treating and caring for vocal disorders in singing. Through various statistical methods, the optimal treatment and care durations for different voice disorders and singing groups were determined, and the acting mechanism of the treatment was revealed. Results showed that Chinese medicine liquid drip therapy is highly effective and safe in treating and caring for various vocal disorders. For vocal music major students, vocal music teachers, and actors with vocal cord edema, polyps, nodules, cysts, hoarseness, vocal fatigue, and other symptoms, the best treatment and care durations were found to be 14 days and 5 days, respectively. This research provides a theoretical basis and data support for promoting the use of traditional Chinese medicine liquid drip therapy for vocal health.

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