

## Figures

Figure 2

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Courtney 2021	+	+	-	+	+	+	
Dogar 2020	+	+	+	+	+	+	
Levshin 2009	+	+	+	?	?	?	
Nides 2021	+	+	+	+	+	+	
Pastorino 2022	+	+	-	-	+	+	
Phusahat 2022	+	+	+	+	-	+	
Scharfenberg 1971	?	?	?	?	?	?	?
Tindle 2022	+	+	+	+	+	+	
Vinnikov 2008	+	+	?	+	?	+	
Walker 2014	+	+	-	-	+	+	
Walker 2021	+	+	-	-	+	+	
West 2011	+	+	+	+	+	+	

Risk of bias summary: review authors' judgements about each risk of bias item for each included study.